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scosa  
news

## Chief Executive's Report



As I write this piece, I am listening to a song titled "Long time Gone" by Crosby, Stills & Nash. Apart from showing my age, the song is apt as clients and service providers have been waiting **a long time** for the NDIS to fully roll out in South Australia. Roll out commences from 1 July 2017 and some scosa clients will commence their NDIS journey in this first transition of participants. If you and your loved one are in this group, remember that scosa will do its best to assist you through transition into the NDIS.

Importantly, when you receive your new NDIS plan, please let scosa know as soon as possible so we can adjust our records and your services to your requirements as outlined in your NDIS plan.

I have written previously that scosa is developing and growing to ensure readiness for the NDIS. One such development is the employment of a new Senior

Developmental Educator (Fran Whiteley). Fran is a qualified Developmental Educator trained at the Flinders University. Fran has additional qualifications in family dispute resolution, business administration, alcohol and drug counselling, mental health first aid and frontline management. Fran possesses significant practical service delivery experience in the areas of behavioural support planning, family mediation, Aboriginal transitional housing, counselling, disability and mental health services. Currently she also supervises Flinders University students in Developmental Education, disability and community inclusion.

Fran will be responsible for scosa's behavioural assessment and behaviour support plan methodology and practice for those clients requiring a range of behaviour supports. Working with scosa staff and external expertise as required, Fran will oversee scosa's behaviour support framework ensuring that it meets appropriate evidence based practice, yielding positive benefits to those scosa clients where behaviour support plans and practices will be useful.

It needs to be remembered that the cost of any behaviour support assessments, plan development and implementation will need to be specifically covered in a person's NDIS plan. Hence, if you consider that as an NDIS participant, you would benefit from a behavioural support assessment and plan, please contact Fran at scosa on 84347 2664 or via email [fwhiteley@scosa.com.au](mailto:fwhiteley@scosa.com.au) to arrange a confidential discussion. If you wish to find out more about the NDIS, please arrange a meeting with Steve Wales (Community Services Manager) or contact Steve directly on 8444 9348 or via email [swales@scosa.com.au](mailto:swales@scosa.com.au)

In this edition we also profile Toni Cutts-Liparts. Toni is an experienced Senior Access Worker undertaking a very important role in contacting scosa clients and their families and decision makers. The purpose is to establish which clients are looking for information on the NDIS and the services they currently receive and will need in the new NDIS world. So, if Toni contacts you, she is there to assist with getting you started in your NDIS journey. scosa is here to help existing and potential new clients deal with the complexity of the NDIS and services available.

If you recall the April edition of scosa News, I wrote of the NDIS that it represented **'... a major federal government reform and it will impact the rest of your life. Get involved by contacting scosa to find out how the NDIS can work for you – it is your life and your choice – USE IT!'**

maximising potential  
of South Australians  
with disabilities

## scosa famous faces

**Name:** Shane Hutchins

**I am part of the:**

Elizabeth Park hub

**My favourite food is:**

Nuggets & Chips with sweet and sour sauce

**My favourite car is:** Mum and dad's

**My favourite song is:** "Bohemian Rhapsody" by Queen

**My favourite sports team is the:** Adelaide Crows

**My highlights of being involved in team**

**scosa are:** Meeting people, going out in the community and experiencing new things



## we spoiled our Mums

The Plympton Hub clients well and truly spoiled their mums this year for Mother's Day, with a wine glass filled with sweets and a red velvet cupcake.

Jodie, pictured above right, and Rebecca, pictured below right, were very keen to give their gifts to their mums, along with a hand made card.



## we go train spotting

A group from the Southern Titans recently visited the National Railway Museum in Port Adelaide which is Australia's largest railway museum with over 100 exhibits on display, primarily from the Commonwealth and South Australian Railways.

Matt and Scott (pictured below) learnt all about the history of the railways in South Australia.



## we enjoy the great outdoors



Members of the Southern Titans Mens Group also enjoyed the mild Autumn weather, visiting Mount Lofty.

Christian, pictured above, thoroughly enjoyed the day out with his mates. Jason, Christian and Matthew then enjoyed their lunch in the fresh air surrounded by the panoramic views.



## we love being pampered



Let's face it, who doesn't like a good pamper. The female clients at Wynn Vale recently had a day of it, which included head and neck massages, manicures, and eyeshadow being applied to their eyes.

Some like Tracy, see photo left, even had a foot spa, and she thoroughly enjoyed the warm water and

bubbles tingling over her toes and feet.

## we also enjoy the outdoors

The Mitcham Community Participation group visited the Belair National Park in May where they also enjoyed the beautiful autumn colours and the great outdoors. Josh (pictured) especially enjoyed the chance to be at one with nature.



## Save the date



Performability will be held this year on Friday 23 June at the Golden Grove Arts Centre between 11am and 2pm.

## we thank - our Patrons

Mr Hedley Bachmann, AM &  
Mr John Dyer, OAM

## Helping you prepare for the NDIS

Over the past couple of months, Toni Cutts-Liparts (pictured) has taken on the role of scosa's NDIS Administration Officer, making telephone contact with many families in the northern Adelaide area as this will be the first region to transition over to the NDIS from 1 July 2017.



Toni has worked at scosa for the past two years and prior to that worked in other areas of the disability sector. She is also currently studying a Diploma in Nursing (Division 2) to become an Enrolled Nurse. As part of her new NDIS liaison role, Toni has been speaking with the families and carers of scosa participants who live at home, and also the carers of those living in supported accommodation. The conversations are to assist participants and their families in the lead-up to their planning meeting with the National Disability Insurance Agency (NDIA), which is the organisation responsible for overseeing the NDIS.

As Toni pointed out, "It is vital that families and carers undertake the necessary preparation work before they have their planning meeting with the NDIA. In this way they are more likely to maximise the value of the support package they obtain." As part of her role, Toni is offering to set up pre-planning meetings with scosa's Community Services Manager, Steve Wales. The aim of these meetings is to provide families and carers with information as to services currently provided by scosa and suggestions of additional requirements relating to the NDIS. This is especially relevant if you have a member of your family attending the Modbury, Wynn Vale, Elizabeth Park or Willaston Hubs. If you have not spoken with Toni or Steve, we encourage you to call us on 8347 2664 as soon as you can.

scosa will continue with this process of engaging with families and carers in other areas of Adelaide and regional SA as they transition to the NDIS in the latter part of 2017 and early 2018.

## we enjoy community outings

Recently a group from Port Pirie visited the Regional Tourism Centre, where Bradley was photographed with a replica of a shark caught outside of Port Pirie. The shark was nicknamed "Shaka" and is now on display.



## we take pride

The clients and staff take pride in their hubs, and this extends to the vans as well.

At Plympton, Deb and Amy gave Richard a hand washing the vans (see photo below).



## we open our doors

On Friday 5 May 2017, the Port Pirie hub opened their doors to key stakeholders in the region in a bid to showcase what is on offer to people living with disability.

Thanks go to the Port Pirie clients and staff for putting on a great event. Adam and Bevan, pictured below, were just a few of the people who enjoyed the day.



## we thank Sportsmed SA

Thanks to sponsorship from Sportsmed SA, the Body & Mind Wellbeing Program is being run again this year. At Wynn Vale clients are creating Mosaics. Pictured is Tamica and the artwork that she is working on. Lots of time, concentration and patience is taken by the individuals



to cut out and place the right piece of tile in the right place, but the finished piece of artwork is definitely worth it.

## work for scosa

Do you know someone who might be interested in working for **scosa**?

If so, please encourage them to visit our website at [www.scosa.com.au](http://www.scosa.com.au) to put in an application.



## we love this swing



As reported in previous scosa news, our clients love the opportunity of having a go on the Liberty swings which are located around the metro area. This time it was Michelle's turn from the Thebarton hub.