

Autism SA presents

PROFESSIONAL DEVELOPMENT WORKSHOPS

JANUARY - JUNE 2019



General Workshop

UNDERSTANDING AUTISM 23 JANUARY

This is a General Workshop for professionals who work with people on the autism spectrum and want a better understanding of autism to assist in improved outcomes for the people they support.

Presented by a consultant with many years' experience supporting individuals on the spectrum, this session outlines the diagnostic criteria and explores the unique characteristics of autism including, Asperger's syndrome.

Upon completion, participants will better understand the profile of an individual on the spectrum, including their strengths and challenges. Throughout the workshop the presenter will use discussion, activities, videos and lived experiences to deliver information that will enhance the participant's knowledge of people on the spectrum across all age groups.

Venue: Netley

Time 9:30am-12:30pm

Cost: Associate/Ordinary
Members: \$85,
Non-members: \$90

General Workshop

EFFECTIVE STRATEGIES WHEN SUPPORTING A PERSON WITH AUTISM 23 JANUARY

This is a General Workshop for professionals who work with people on the autism spectrum and are keen to learn about a broad range of effective strategies. It is recommended that participants first attend 'Understanding autism' to get the most out of this session, unless they have a sound knowledge of autism.

This workshop helps participants learn how to use a range of social, communication, behavioural and sensory strategies to support individuals on the spectrum. Strategies are practical, relevant and evidence based. Throughout the workshop the presenter will use discussion, activities, videos and lived experiences to deliver information that will enhance the participant's knowledge of strategies, that are suitable for use in a range of environments for individuals of any age.

Venue: Netley

Time: 1pm-4pm

Cost: Associate/Ordinary
Members: \$85,
Non-members: \$90

General Workshops are designed to give participants a better understanding of autism. Sessions present a broad range of effective strategies participants can use to improve their practice when working with individuals on the spectrum. These workshops are suited to participants who have not attended previous Autism SA workshops.

In Focus Workshops are designed for participants who have a good knowledge and understanding about autism and want specific information and effective strategies relating to a specific area of autism. Sessions will increase participants' knowledge, confidence and skills in a focus area. It is recommended that participants first attend a General Workshop prior to attending In Focus Workshops.

Register online at www.autismsa.org.au and follow the links to 'Training and Workshops' or contact the Training and Consultancy Administrator on (08) 8462 0658 or via email at ebennett@autismsa.org.au

PROFESSIONAL DEVELOPMENT WORKSHOPS

JANUARY - JUNE 2019



General Workshop

UNDERSTANDING AUTISM AND EFFECTIVE STRATEGIES FOR RECEPTION TEACHERS **5 FEBRUARY**

This is a General Workshop that has been developed for Reception teachers and educators who want a better understanding of autism and a range of effective strategies to support a new Reception student's successful transition to school in 2019. Transitioning to school is an important and complex step for all students. This workshop aims to support students with a positive start to schooling in 2019 by covering the following topics:

- Collecting and sharing information;
- Creating a student profile;
- Developing a relationship;
- Teaching school readiness skills;
- Setting up effective routines;
- Practical strategies to use in the classroom;
- Supporting the student's well-being; and
- Developing support networks.

Throughout the workshop the presenter will use discussion, activities and videos to deliver information specific to Reception students starting school, that will enhance the participant's knowledge of autism, with strategies to enable them to provide effective support and increase inclusion.

Venue: Elizabeth

Time: 9:30am-4pm

Cost: Associate/Ordinary member: \$175, non-member: \$185

General Workshop

UNDERSTANDING AUTISM AND EFFECTIVE STRATEGIES FOR SECONDARY TEACHERS **18 FEBRUARY**

This is a General Workshop that has been developed for Secondary Teachers who want a better understanding of autism and a range of effective strategies to support students on the autism spectrum.

The session acknowledges that the high school journey is very different to that of the primary school journey. The skills and attitudes developed in high school will set a foundation for post school opportunities, making support in the high school years so important. The session has been developed by an experienced autism consultant who has worked as a high school teacher. The topics covered will give educators the knowledge, and practical skills, to effectively support students on the spectrum at high school.

Topics include:

- Understanding the autism spectrum;
- The typical learner profile of students on the spectrum;
- Organisation and self-management strategies;
- Curriculum differentiation;
- Enhancing communication;
- Developing social understanding;
- Proactively reducing interfering behaviours; and
- Understanding sensory processing and the impact on the student.

Throughout the workshop the presenter will use discussion, activities and videos to deliver information specific to secondary students, that will enhance the participant's knowledge of autism, and strategies to enable them to provide effective support and increase inclusion.

Venue: Netley

Time: 9:30am-4pm

Cost: Associate/Ordinary member: \$175, non-member: \$185

General Workshop

UNDERSTANDING AUTISM AND EFFECTIVE STRATEGIES FOR PRIMARY SCHOOL TEACHERS **20 FEBRUARY, 8 MARCH & 21 MAY**

This is a General Workshop that has been developed for primary school teachers who want a better understanding of autism and a range of effective strategies to support students in the educational setting. Presented by professionals with significant experience in working in the primary setting with children with autism, the topics covered include:

- Understanding autism;
- Developing a relationship and creating a student profile;
- Setting up inclusive classroom environments;
- Instructional approaches;
- Strategies for classroom management;
- Understanding sensory processing and the impact on a student; and
- Whole class approaches.

Throughout the workshop the presenter will use discussion, activities and videos

to deliver information specific to teachers in the primary years, that will enhance the participant's knowledge of autism, and strategies to enable them to provide effective support and inclusion.

Time: 9:30am-4pm

Cost: Associate/Ordinary member: \$175, non-member: \$185

20 FEBRUARY 2019

Venue: Netley

8 MARCH & 21 MAY

Venue: Elizabeth

PROFESSIONAL DEVELOPMENT WORKSHOPS

JANUARY - JUNE 2019



General Workshop

UNDERSTANDING AUTISM AND EFFECTIVE STRATEGIES TO SUPPORT FOR SSO/ESO'S **22 FEBRUARY, 20 MARCH & 22 MAY**

This is a General Workshop that has been developed for SSO's and ESO's who want a better understanding of autism, and a range of effective strategies to use when supporting a student on the spectrum.

Supporting a student on the autism spectrum can be both challenging and very rewarding. This workshop recognises the important role of SSO's and ESO's within the educational sector. The program allows time for participants to share their ideas and successes, and network with other participants.

Presented by professionals with significant experience working with children on the autism spectrum the topics covered include:

- Understanding autism;
- Developing a relationship and creating a student profile;
- The role of support staff;
- Evidence based teaching strategies when working 1:1, in small groups and supporting in the classroom;
- Increasing student engagement;
- Effective behaviour management strategies when working 1:1, in groups and in the classroom;
- Addressing sensory needs; and
- How to look after your own needs on the job!

Throughout the workshop the presenter will use discussion, activities and videos to deliver information specific to support staff working with students at both primary and secondary school, that will enhance the participant's knowledge of autism, and strategies to enable them to provide effective support and inclusion.

Cost: Associate/Ordinary member: \$175, non-member: \$185

Time: 9:30am-4pm

22 FEBRUARY & 22 MAY

Venue: Elizabeth

20 MARCH

Venue: Netley

In Focus Workshop

CLASSROOM BEHAVIOUR MANAGEMENT STRATEGIES **27 FEBRUARY**

This In Focus Workshop is designed for educational staff who have a sound understanding of autism who are seeking specific knowledge in classroom behaviour management strategies. This session will build on the participant's current strategies to better equip them to create positive classroom environments for all students and staff.

This session looks at a range of topics including:

- Developing a relationship;
- Understanding behaviour and its function;
- Setting up effective rules and routines;
- Assessing Zone of Proximity;
- Enhancing engagement;
- Setting up effective reward systems including A and B choices;
- Addressing sensory needs and setting up effective break systems; and
- 'In the moment' strategies.

Throughout the workshop the presenter will use discussion, activities and videos to deliver information on these topics, to enhance participant's knowledge of managing behaviour in the classroom. This will enable them to provide effective support, inclusion and improved outcomes to the students they support.

Venue: Netley

Time: 9:30am-4pm

Cost: Associate/Ordinary member: \$175, Non-member: \$185

In Focus Workshop

IMPLEMENTING THE INCREDIBLE 5-POINT SCALE **4 MARCH**

This In Focus Workshop is designed for professionals who have a sound understanding of autism and want specific knowledge in effective utilisation of The Incredible 5 point Scale programme.

Autism SA, in consultation with the author, has developed a workshop based on Kari Dunn Buron and Mitzi Curtis' 'The Incredible 5-Point Scale' program. The program talks in 'numbers' rather than using "socially and emotionally laden words". Autism SA staff have implemented the program in a variety of environments, finding the scale to be a highly effective strategy as it draws on one of the strengths of people on the spectrum - to follow systems.

Topics include:

- The philosophy behind the program;
- Looking at the range of 5 Point Scale resources;
- Overview of the program, including hands-on activities;
- How to implement the program for individuals, groups, classrooms and across whole sites (including schools); and
- How to monitor, tweak and review the program to ensure success.

Throughout the workshop the presenter will use discussion, activities and videos

to deliver information on this programme, to enhance the participant's knowledge of autism and The Incredible 5 Point Scale, enabling them to provide effective support, improved inclusion and outcomes.

Venue: Netley

Time: 9:30am-4pm

Cost: Associate/Ordinary member: \$175, Non-member: \$185

Autism SA presents

PROFESSIONAL DEVELOPMENT WORKSHOPS

JANUARY - JUNE 2019



General Workshop

UNDERSTANDING AUTISM AND EFFECTIVE STRATEGIES FOR EARLY YEARS PROFESSIONALS 13 MARCH & 14 MAY

This is a General Workshop which has been developed for early years professionals, including preschool, kindergarten or childcare educators who want a better understanding of autism and a range of effective strategies to support children on the autism spectrum.

Presented by a consultant with significant experience in working in the early years setting, the topics covered include:

- Understanding autism;
- The early indicators of autism;
- The diagnostic process in SA;
- Services and support available;
- Setting up successful transitions;
- Setting up supportive environments;
- How to teach a new skill;
- Positive behaviour support strategies;
- Identifying and supporting sensory needs; and
- Case studies.

Throughout the workshop the presenter will use discussion, activities and videos to deliver information specific to the early years setting that will enhance participant's knowledge of autism, and strategies that enable them to provide effective support and inclusion for children with autism.

Time: 9:30am-4pm

Cost: Associate/Ordinary member: \$175,
Non-member: \$185

13 MARCH 2019

Venue: Netley

14 MAY 2019

Venue: Elizabeth

Autism SA presents

AUTISM SHORT COURSE 3 DAYS: 1-3 APRIL

In celebration of Autism Awareness Month, this professional development opportunity has been created for professionals who want to gain an advanced, comprehensive understanding of autism, and develop skills in using evidence informed strategies to support people with autism.

Over three days, experienced professionals from across Autism SA, including the Research Manager, Occupational Therapists, Speech Pathologists and Behaviour Consultants will present the latest research, the most effective evidence based strategies, and innovative approaches relating to the autism field. Participants will leave the short course with the skills and knowledge to effectively support people on the autism spectrum across the lifespan in a range of settings.

Venue: Netley

Time: 9am-3pm

Cost: Associate/Ordinary member: \$500,
Non-member: \$525

In Focus Workshop

SETTING UP A AND B CHOICES 16 APRIL

This In Focus Workshop is designed for professionals who have a sound understanding of autism and want a better understanding of how to effectively set up A and B Choices in their setting.

Presented by experienced consultants, participants learn how to use the strengths of people on the spectrum to utilise programs and strategies such as 'The Way to A @' and Social Behaviour Mapping. The workshop demonstrates how to teach people on the spectrum what 'A' and 'B' choices are, and how to increase 'A' choices in a range of educational and community settings. These programs and strategies can be implemented for individuals on the spectrum, and for groups of people as whole site approaches.

Venue: Netley

Time: 4.30pm-6.30pm

Cost: Associate/Ordinary member: \$55,
Non-member: \$60

PROFESSIONAL DEVELOPMENT WORKSHOPS

JANUARY - JUNE 2019



In Focus Workshop

SUPPORTING WELL-BEING AND RESILIENCE FOR PEOPLE WITH AUTISM

10 APRIL & 19 JUNE

This In Focus Workshop is designed for any professionals who have a sound understanding of autism and seek specific knowledge to better understand and support the well-being and resilience of people on the spectrum in a range of settings.

Mental health issues can be significant for some people on the spectrum, and well-being and resilience play a vital role in reducing and minimising mental health issues.

In this session, the dynamic presenter will cover:

- Well-being and resilience - specifically in relation to the characteristics of autism and the impact this can have on an individual; and
- Effective supports and strategies to improve well-being and resilience across the lifespan.

Throughout the workshop the presenter will use discussion, activities and videos to deliver information on these topics that will enhance the attendees knowledge of supporting well-being and resilience in people on the spectrum. This will enable them to provide effective support, inclusion and outcomes to the individuals they support.

10 APRIL

Venue: Netley

19 JUNE

Venue: Elizabeth

Time: 9:30am-12:30pm

Cost: Associate/Ordinary member: \$85, Non-member: \$90

General Workshop

UNDERSTANDING AUTISM AND EFFECTIVE STRATEGIES FOR RELIEF TEACHERS

17 APRIL

This is a General Workshop that has been developed for Relief Teachers who want a better understanding of autism, and provides a broad range of effective strategies to use when supporting a student on the spectrum.

This session acknowledges that it might be challenging working as a Relief Teacher, entering a classroom with a student on the spectrum. However we recognise that it might be extremely challenging also for the student having a Relief Teacher coming into their classroom! In this session, we will focus on developing an understanding of why this can be so difficult for a student on the spectrum and provide strategies that can be quickly adapted and applied when resources and time are limited. The topics covered will give Relief Teachers the knowledge and practical skills to effectively support students on the spectrum.

Topics include:

- What autism can look and sound like in the classroom;
- Key areas of strengths and challenges;
- Key strategies and how to adapt them quickly;
- How to establish which strategies are used within the class;
- Key resources to have in your tool kit;
- Preventing meltdowns; and
- 'In the moment' strategies.

Throughout the workshop the presenter will use discussion, activities and videos to deliver information specific to Relief Teachers, that will enhance the participant's knowledge of autism with strategies to enable them to provide effective support and inclusion.

Venue: Netley

Time: 9:30am-4pm

Cost: Associate/Ordinary member: \$175 Non-member: \$185

In Focus Workshops

SETTING UP AND USING A STRUCTURED TEACHING APPROACH IN THE CLASSROOM

2 MAY

This In Focus Workshop is designed for professionals who have a sound understanding of autism and want specific, relevant and practical strategies on the structured teaching approach when working with an individual on the spectrum.

Structured teaching recognises the strengths of people on the autism spectrum and focuses on applying visual routines and concrete visual tasks that a person on the spectrum can complete independently using errorless learning. A part of the highly researched and evidence based TEACCH philosophy (Treatment and Education of Autistic and related Communication Handicapped Children), the structured teaching approach can be used in a range of settings to build a student's independence by teaching skills that a person will use throughout one's life.

This is an interactive, hands-on workshop will cover how to:

- Set up structured teaching environments;
- Using errorless learning;
- Creating and setting up workstations;
- Setting up shoe box and folder tasks; and
- Assessment.

Venue: Elizabeth

Time: 4.30pm-6.30pm

Cost: Associate/Ordinary member: \$60, Non-member: \$55

In Focus Workshop

TEAM PLANNING WHEN SUPPORTING A STUDENT WITH AUTISM

9 MAY

This In Focus Workshop is designed for school leadership, co-ordinators, teachers and sector support staff who have a sound understanding of autism, and seek specific knowledge in how to effectively plan to support a student with autism, taking into account their unique and complex needs.

An experienced Autism Consultant, Erica Handley, who has worked closely with the Department of Education, and Catholic Education to plan for individuals on the spectrum with high support needs, will present an intensive, interactive session covering:

- How to establish effective student teams;
- Processes on collecting and sharing information;
- Strength based planning;
- Goal setting and data collection;
- Future proofing; and
- Celebrating.

Throughout the workshop the presenter will use discussion, activities and videos to consolidate learning and can provide direct input into team planning.

Venue: Netley

Time: 9:30am-12:30pm

Cost: Associate/Ordinary member: \$90, Non-member: \$85

PROFESSIONAL DEVELOPMENT WORKSHOPS

JANUARY - JUNE 2019



In Focus Workshop

EFFECTIVELY SUPPORTING GIRLS ON THE SPECTRUM

15 MAY

This In Focus Workshop is designed for professionals who have a sound understanding of autism and want specific knowledge and strategies to support girls on the spectrum. Girls often present with a unique profile from that of their male peers and are four times less likely to be diagnosed on the autism spectrum than boys.

In this workshop, an experienced autism consultant will explore the unique presentation of females on the autism spectrum, and will look at specific strategies that can support girls on the spectrum to achieve outcomes.

Topics covered in this workshop include:

- Difficulties in making a diagnosis;
- The camouflage effect;
- Special interests and the difference in presentation;
- Social and communication skills;
- Developing friendship skills;
- Internal anxiety and depression;
- Using their strengths to build self-esteem;
- Bullying;
- Self-care including menstruation; and
- Relationships, including dating.

Throughout the workshop the presenter will use discussion, activities and videos to deliver information on these topics, that will enhance the participant's knowledge of autism in girls and enable them to provide effective support, inclusion and improved outcomes.

Venue: Netley

Time: 9:30am-12:30pm

Cost: Associate/Ordinary member: \$90, Non-member: \$85

In Focus Workshop

SETTING UP AND RUNNING GROUPS FOR PEOPLE ON THE SPECTRUM

23 MAY

This In Focus Workshop is designed for professionals who have a sound understanding of autism and seek specific knowledge in setting up and running effective groups for people on the spectrum.

Groups can be a great way to provide individuals with specific learning opportunities and can be delivered in a range of settings.

This workshop will support participants to set up, implement and evaluate group programmes to achieve key outcomes for its members.

The workshop will cover:

- Key considerations when planning for a group;
- Setting up rules and routines for groups;
- Strategies to support participants to enter and continue the group successfully
- Key considerations when setting up the environment; and
- Establishing data collection and evaluation processes;

Throughout the workshop the presenter will use discussion, activities and videos to deliver information on these topics, that will enhance the participant's knowledge of running effective groups.

Venue: Elizabeth

Time: 9:30am-12:30pm

Cost: Associate/Ordinary member: \$85, Non-member: \$90

General Workshop

UNDERSTANDING AUTISM AND EFFECTIVE STRATEGIES TO SUPPORT IN THE OSHC SETTING

6 JUNE

This is a General Workshop that has been developed for staff who work in Out of School Hours Care (OHSC) settings (including before and after school, and vacation care) who want a better understanding of autism, and to learn a broad range of effective strategies to use when supporting students on the spectrum.

This workshop will increase participants' knowledge, understanding and skills when supporting students on the spectrum. The session also provides an opportunity to develop professional skills and networks.

The presenter will cover a range of topics specifically relevant to the OSHC setting including:

- Understanding the autism spectrum and what this looks/sounds like in the OSHC setting;
- Setting up the environment, rules and routines;
- How to effectively communicate;
- Supporting peer relations and inclusion;
- Behaviour management strategies specifically for the OSHC setting;
- Supporting regulating: and
- 'In the moment' strategies.

Throughout the workshop the presenter will use discussion, activities and videos to deliver information specific for OSHC staff, that will enhance the participant's knowledge of autism, and teach strategies to enable them to provide effective support, inclusion and outcomes.

Venue: Netley

Time: 10am-2pm

Cost: Associate/Ordinary member: \$115, Non-member: \$120

In Focus Workshop

USING VIDEO MODELLING

6 JUNE

This In Focus Workshop is designed for an evidence based intervention strategy, Video Modelling (VM), to teach skills to people with autism.

Video modelling has a strong evidence base that shows repeated viewing of a carefully created and edited video, which demonstrates the individual doing the target skill, can support development of the skill. The iModelling App developed by Autism SA can be used to develop these videos, and participants will be shown how to effectively and easily use Video Modelling in a range of settings.

This session will include:

- What is Video Modelling (VM);
- Evidence for Video Modelling;
- What Video Modelling looks/sounds like;
- How to create a Video Model;
- The easy-to-use iModeling App; and
- Creating your own Video Model.

Participants will gain hands on experience in creating and implementing Video Models so that they are confident in using this evidence based intervention strategy in their particular setting.

Venue: Elizabeth

Time: 4.30pm-6.30pm

Cost: Associate/Ordinary member: \$55, Non-member: \$60

PROFESSIONAL DEVELOPMENT WORKSHOPS

JANUARY - JUNE 2019



In Focus Workshop

POSITIVE BEHAVIOUR SUPPORT PLANNING 13 JUNE

This In Focus Workshop is designed for professionals who have a sound understanding of autism and want specific, relevant and practical strategies in the area of Positive Behaviour Support (PBS) Planning, specifically when supporting an individual on the autism spectrum.

This workshop develops the participants understanding and skills in identifying and managing behaviours of concern through an interactive, hands-on workshop. Attendees will leave the workshop with a plan in hand to take back to their settings.

This PBS workshop will cover:

- Positive Behaviour Support Frameworks;
- Functional behaviour assessments;
- Data collection;
- Understanding behaviour;
- Identifying the function of a particular behaviour;
- Planning interventions; and
- Practical, realistic strategies.

It is recommended that participants also attend 'The Anxiety Curve: what to do when an individual on the spectrum is escalating' to support their learning and understanding.

Venue: Netley

Time: 9:30am-4pm

Cost: Associate/Ordinary member: \$175, Non-member: \$185

In Focus Workshop

THE ANXIETY CURVE: WHAT TO DO WHEN A PERSON ON THE AUTISM SPECTRUM IS ESCALATING 26 JUNE

This In Focus Workshop is designed for professionals who have a sound understanding of autism and want specific, relevant and practical strategies when working with an individual on the spectrum who experiences anxiety.

This workshop acknowledges that many individuals on the autism spectrum have high anxiety levels. Presenters will discuss the importance of identifying triggers, the observable signs of anxiety at five different levels, and how support staff can respond when an individual is at these different levels to reduce the rate of escalation. The workshop will also discuss how staff can support/teach an individual to self-identify their anxiety level and use effective strategies to reduce this.

Topics include:

- Identifying triggers that increase anxiety;
- Identifying the impact of anxiety;

- What to do at each level when an individual's anxiety escalates;
- How to teach an individual to self-regulate;
- The importance of non-aversive behaviour management;
- How to teach an individual strategies to calm; and
- Developing a 5-Point Plan for support staff.

Throughout the workshop the presenter will use discussion, activities and videos to deliver information on this topic, that will enhance the participants knowledge of anxiety, and enable them to provide effective support, inclusion and improved outcomes.

It is recommended participants also attend 'Positive behaviour support planning for individuals on the autism spectrum' prior to attending 'The Anxiety Curve: What to do when a person with autism is escalating'.

Venue: Netley

Time: 9:30am-4pm

Cost: Associate/Ordinary member: \$175, Non-member: \$185

Venues:

Workshops are held on site at Autism SA -

Elizabeth: 1/57 Elizabeth Way, Elizabeth

Netley: 1/262 Marion Rd, Netley

Parking:

Netley: Please note parking on site is limited and is prioritised for families visiting with children for therapy, hence please allow time to park on nearby side streets (Watson Ave, Harris St, Pape Cres). Bus stop 8J is directly in front of Autism SA on Marion Rd.

Elizabeth: Limited parking is available on site. Please utilise side streets or the shopping centre for parking if required.

Catering:

Morning and afternoon tea is provided, and full day workshops are catered. If you have any dietary requirements, please contact the Training and Consultancy Administrator.

Certification:

All participants will receive a certificate, with the workshop title and the number of hours attended. Where appropriate, workshop certificates will state that it links to the Australian Professional Standards for Teachers or to the Allied Health Standards.

Additional Information:

For more information contact the Training and Consultancy Administrator on (08) 8462 0658 or via email at ebennett@autismsa.org.au