

Autism SA presents

# PROFESSIONAL DEVELOPMENT WORKSHOPS JULY TO DECEMBER 2019



General Workshop

## **UNDERSTANDING AUTISM 10 JULY**

---

This is a General Workshop for professionals who work with people on the autism spectrum or who are looking to work in the autism field. The workshop will provide participants with a better understanding of autism to assist in improved outcomes for the people they support.

Presented by an Autism Consultant with many years of experience supporting individuals on the spectrum, this session outlines the diagnostic criteria and explores the unique characteristics of autism, including Asperger's syndrome. Upon completion participants will better understand the profile of an individual on the spectrum, including their strengths and challenges. Throughout the workshop the presenters will use discussion, activities, videos and lived experiences to deliver information that will enhance the participant's knowledge of people on the spectrum across all age groups.

**Venue:** Netley

**Time:** 9am-12pm

**Cost:** \$95

---

General Workshop

## **EFFECTIVE STRATEGIES WHEN SUPPORTING A PERSON WITH AUTISM 10 JULY**

---

This is a General Workshop for professionals who work with people on the autism spectrum and are keen to learn about a broad range of effective strategies. It is recommended that participants first attend 'Understanding Autism' to get the most out of this session, unless they already have a sound knowledge of autism.

This workshop helps participants learn how to use a range of social, communication, behavioural and sensory strategies to support individuals on the spectrum. Strategies are practical, relevant and evidence based. Throughout the workshop the presenter will use discussion, activities, videos and lived experiences to deliver information that will enhance the participant's knowledge of strategies that are suitable for use in a range of environments, for individuals of any age.

**Venue:** Netley

**Time:** 12.30pm-3.30pm

**Cost:** \$95

---

**General Workshops** are designed to give participants a better understanding of autism. Sessions present a broad range of effective strategies participants can use to improve their practice when working with individuals on the spectrum. These workshops are suited to participants who have not attended previous Autism SA workshops.

**In Focus Workshops** are designed for participants who have a good knowledge and understanding about autism and want specific information and effective strategies relating to a specific area. Sessions will increase participants' knowledge, confidence and skills in a focus area. It is recommended that participants first attend a General Workshop prior to attending In Focus Workshops.

Register online at [www.autismsa.org.au](http://www.autismsa.org.au) and follow the links to 'Training and Workshops' or contact the Training and Consultancy Administrator on (08) 8462 0658 or via email at [ebennett@autismsa.org.au](mailto:ebennett@autismsa.org.au)

# PROFESSIONAL DEVELOPMENT WORKSHOPS

## JULY TO DECEMBER 2019



### In Focus Workshop

#### SETTING UP A AND B CHOICES 29 JULY

This In Focus Workshop is designed for professionals who have a sound understanding of autism and want a better understanding of how to effectively set up A and B Choices in their setting.

Presented by experienced Autism Consultants, participants learn how to use the strengths of people on the spectrum to utilise programs and strategies such as 'The Way to A ©' and Social Behaviour Mapping. The workshop demonstrates how to teach people on the spectrum what 'A' and 'B' choices are, or what 'expected' and 'unexpected' choices are, and how to increase positive choices in a range of educational and community settings. These programs and strategies can be implemented for individuals on the spectrum, to groups of people, and as whole site approaches.

**Venue:** Netley

**Time:** 9am-12pm

**Cost:** \$95

### In Focus

#### HYGIENE, PUBERTY AND RELATIONSHIPS 5 AUGUST

This In Focus Workshop aims to empower professionals working with people on the spectrum to be able to cover some of the topics that come hand in hand with growing up! The presenter will look at how autism may impact a person in the following areas: public vs private, hygiene, puberty, menstruation, masturbation and different types of relationships (including protective behaviours), and cover strategies to support learning and development in these sometimes difficult areas of life.

**Venue:** Netley

**Time:** 9am-12pm

**Cost:** \$95

### In Focus

#### INCREASING ENGAGEMENT IN THE CLASSROOM THROUGH WORK, REWARDS AND BREAKS 21 AUGUST

This In Focus Workshop is designed for professionals who have a solid understanding of autism and want specific relevant, practical strategies to further support when working with an individual on the spectrum. This workshop defines the clear difference between 'work', 'rewards' and 'breaks', and how important it is in motivating and meeting the needs of all people on the spectrum. The presenter will explicitly identify how to gather this information and how to order activities to maximise motivation and ensure individuals on the spectrum can succeed to the best of their ability. By utilising personal schedules, the fine balance between 'work', 'breaks' and 'rewards' can be clearly communicated and can increase motivation and independence in all educational settings.

**Venue:** Netley

**Time:** 9am-12pm

**Cost:** \$95

#### Venues:

Workshops are held on site at Autism SA -

*Elizabeth:* 1/57 Elizabeth Way, Elizabeth

*Netley:* 1/262 Marion Rd, Netley

#### Parking:

*Netley:* Please note parking on site is limited and is prioritised for families visiting with children for therapy, hence please allow time to park on nearby side streets (Watson Ave, Harris St, Pape Cres).

*Elizabeth:* Please note parking on site is limited and is prioritised for families visiting with children for therapy, hence please allow time to park on nearby side streets (Gillingham Rd, Oxenham Drive or Elizabeth Shopping Center).

#### Catering:

Morning and afternoon tea is provided. Full day workshops are catered. If you have any dietary requirements, please contact the Training and Consultancy Administrator.

#### Accreditation:

All participants will receive a certificate, after attending the workshop, with the workshop title and the number of hours attended. Where appropriate, workshop certificates will state that it links to the Australian Professional Standards for Teachers or to the Allied Health Standards.

#### Ordinary and Associate Members:

All current Financial Members of Autism SA will receive a 10% discount to workshops. Enter your Membership code as a 'Promo Code' at the time of registration.

#### Additional Information:

For more information contact the Training and Consultancy Administrator on (08) 8462 0658 or via email at [ebennett@autismsa.org.au](mailto:ebennett@autismsa.org.au)

# PROFESSIONAL DEVELOPMENT WORKSHOPS

## JULY TO DECEMBER 2019



### General Workshop

#### **UNDERSTANDING AUTISM AND EFFECTIVE STRATEGIES TO SUPPORT FOR SSO/ESO'S** **26 AUGUST & 4 DECEMBER**

This is a General Workshop that has been developed specifically for SSO's and ESO's who want a better understanding of autism and a range of effective strategies to use when supporting a student on the spectrum.

Supporting a student on the autism spectrum can be both challenging and very rewarding. This workshop recognises the important role of SSO's and ESO's within the educational sector. The program allows time for participants to share their ideas and successes, and network with other participants. Presented by professionals with significant experience working with individuals on the autism spectrum the topics covered include:

- Understanding autism;
- Developing a relationship with students;
- The role of support staff and how to provide effective support;
- Enhancing communication and social interaction;
- Increasing student engagement;
- Positive behaviour strategies when working 1:1, in groups and in the classroom;
- Strategies to support sensory needs;
- Support and services; and
- How to look after your own needs on the job!

Throughout the workshop the presenter will use discussion, activities and videos to deliver information specific to support staff working with students at both primary and secondary school, that will enhance the participant's knowledge of autism and strategies to enable them to provide effective support and inclusion.

**Venue:** Netley

**Time:** 9:30am-3:30pm

**Cost:** \$195

### In Focus Workshop

#### **IMPLEMENTING THE INCREDIBLE 5-POINT SCALE PROGRAM** **28 AUGUST**

This In Focus Workshop is designed for professionals who have a sound understanding of autism and want specific knowledge in effective utilisation of 'The Incredible 5-Point Scale' program.

Autism SA, in consultation with the author, has developed a workshop based on Kari Dunn Buron and Mitzi Curtis' 'The Incredible 5-Point Scale' program. The program talks in 'numbers' rather than using "socially and emotionally laden words". Autism SA staff have implemented the program in a variety of environments, finding the scale to be a highly effective strategy as it draws on one of the strengths of people on the spectrum - to follow systems.

Topics include:

- The philosophy behind the program;
- Overview of the program, including hands-on activities;
- Looking at the range of 5 Point Scale resources;
- How to implement the program for individuals, groups, classrooms and across whole sites (including schools); and
- How to monitor, tweak and review the program to ensure success.

Throughout the workshop the presenter will use discussion, activities and videos to deliver information on this program to enhance the participant's knowledge in implementing The Incredible 5 Point Scale, enabling them to provide effective support, improved inclusion and outcomes for individuals.

**Venue:** Netley

**Time:** 9:30-3:30pm

**Cost:** \$195

### General Workshop

#### **UNDERSTANDING AUTISM AND EFFECTIVE STRATEGIES FOR PRIMARY SCHOOL TEACHERS** **4 SEPTEMBER & 2 DECEMBER**

This is a General Workshop that has been developed specifically for primary school teachers who want a better understanding of autism and a range of effective strategies to support students in the educational setting. Presented by professionals with significant experience in working in the primary setting with children on the spectrum the topics covered include:

- Understanding autism and the impact in the educational setting;
- Developing a relationship and creating a student profile;
- Understanding sensory processing and the impact on a student;
- Setting up inclusive classroom environments;
- Adjusting instructional approaches;
- Increasing engagement in the classroom;
- Enhancing social interaction and problem solving;
- Supporting communication;
- Positive behaviour strategies; and
- Support and services.

Throughout the workshop the presenter will use discussion, activities and videos to deliver information specific to teachers in the primary years, that will enhance the participant's knowledge of autism and strategies to enable them to provide effective support and inclusion.

**Venue:** Netley

**Time:** 9:30am-3.30pm

**Cost:** \$195

Autism SA presents

# PROFESSIONAL DEVELOPMENT WORKSHOPS

## JULY TO DECEMBER 2019



### General Workshop

#### **UNDERSTANDING AUTISM AND EFFECTIVE STRATEGIES TO SUPPORT IN THE OSHC SETTING** **16 OCTOBER**

---

This is a General Workshop that has been developed for staff who work in Out of School Hours Care (OSHC) settings (before and after school and vacation care) who want a better understanding of autism, and want a broad range of effective strategies to use when supporting students on the spectrum.

This workshop will increase participants' knowledge, understanding and skills when supporting students on the spectrum. The session also provides an opportunity to develop professional skills and networks.

The presenter will cover a range of topics specifically relevant to the OSHC setting including:

- Understanding the autism spectrum and what this looks/sounds like in the OSHC setting;
- Setting up the environment, rules and routines;
- How to effectively communicate;
- Supporting peer relations and inclusion;
- Behaviour Management Strategies specifically for the OSHC setting;
- Supporting regulating; and
- 'In the moment' strategies.

Throughout the workshop the presenter will use discussion, activities and videos to deliver information specific for OSHC staff that will enhance the participant's knowledge of autism and strategies to enable them to provide effective support, inclusion and outcomes.

**Venue:** Netley

**Time:** 10am-2pm

**Cost:** TBC

---

### In Focus Workshop

#### **SUPPORTING THE DEVELOPMENT OF SELF REGULATION IN PEOPLE WITH AUTISM** **23 OCTOBER**

---

Developing self regulation in people with autism is essential for success in the home, community and educational settings. This session, presented by an experienced Autism Consultant, will outline what self regulation is, why self regulation is so important, and how we can realistically and practically enhance self regulation to improve the quality of life for a person on the autism spectrum.

The focus of the workshop will be on the three core components of self-regulation;

- Executive Functioning (self-Control);
- Sensory Regulation; and
- Emotional Regulation.

Throughout the workshop the presenter will use discussion, activities and videos to deliver information specific to this topic that will enhance the participant's knowledge of autism and provide strategies in relation to self regulation, to enable them to give effective support, inclusion and outcomes.

**Venue:** Netley

**Time:** 9:30am-3:30pm

**Cost:** \$195

---

# PROFESSIONAL DEVELOPMENT WORKSHOPS JULY TO DECEMBER 2019



## In Focus Workshop

### SETTING UP AUTISM FRIENDLY CLASSROOMS 6 NOVEMBER

---

This workshop is designed for participants that have a solid understanding of autism who want to ensure they set students, on the autism spectrum, up for success.

Ensuring the environment is conducive to learning should be the educators first step when planning to support the needs of students on the autism spectrum. Carefully designed and considered environments will significantly impact their ability to attend, engage and learn.

This workshop will cover:

- Evidence informed autism universal design principals;
- Sensory considerations and practical adjustments;
- Social engineering to support social inclusion;
- Setting up effective visual supports and systems;
- Getting the rules and routines right;
- Whole class positive behaviour systems;
- Communication systems; and
- Planning and setting up the students team.

Throughout the workshop the presenter will use discussion, activities and videos to deliver information specific to this topic that will enhance the participant's knowledge of effective learning spaces, which will enable them to provide effective support, inclusion and outcomes.

**Venue:** Netley

**Time:** 9:30am-3:30pm

**Cost:** \$195

---

## General Workshop

### UNDERSTANDING AUTISM AND EFFECTIVE STRATEGIES FOR SECONDARY TEACHERS 20 NOVEMBER

---

This is a General Workshop that has been developed for Secondary Teachers who want a better understanding of autism and a range of effective strategies to support students on the autism spectrum.

The session acknowledges that the high school journey is very different to that of the primary school journey. The skills and attitudes developed in high school will set a foundation for post school opportunities, making support in the high school years so important. The session has been developed by an experienced Autism Consultant who has extensive experience working as a high school teacher. The topics covered will give educators the knowledge and practical skills to effectively support students on the spectrum at high school.

Topics include:

- Understanding autism;
- The Learner Profile of students on the spectrum;
- Organisation and self-management strategies;
- Effectively differentiating the curriculum;
- Enhancing communication;
- Supporting social interaction and social conflict;
- Positive behaviour strategies; and
- Understanding sensory processing and the impact on the student.

Throughout the workshop the presenter will use discussion, activities and videos to deliver information specific to secondary students that will enhance the participant's knowledge of autism and provide strategies to enable them to give effective support and increase inclusion.

**Venue:** Netley

**Time:** 9:30-3.30pm

**Cost:** \$195

---

## General Workshop

### UNDERSTANDING AUTISM AND EFFECTIVE STRATEGIES FOR EARLY YEARS PROFESSIONALS 11 DECEMBER

---

This is a General Workshop which has been developed specifically for early years professionals, including preschool, kindergarten or childcare educators, who want a better understanding of autism and a range of effective strategies to support children.

Presented by an Autism Consultant with significant experience in working in the early years setting with children with autism, the topics covered include;

- Understanding autism;
- The early indicators of autism;
- Diagnostic process in SA;
- Services and available support;
- Setting up supportive environments;
- Setting up successful transitions;
- How to teach a new skill;
- Positive behaviour support strategies;
- Identifying and supporting sensory needs; and
- Case studies.

Throughout the workshop the presenter will use discussion, activities and videos to deliver information specific to the early years setting that will enhance the participant's knowledge of autism and strategies, and enable them to provide effective support and inclusion for children with autism.

**Venue:** Netley

**Time:** 9:30am-3:30pm

**Cost:** \$195

---