

NAME:.....  
 DATE:.....  
 AGE:.....SEX:.....

## The Guernsey Community Participation and Leisure Assessment - Revised Baker, Taylor-Roberts & Jones (2016)

Please indicate, by a tick in the appropriate box, the frequency with which the client does the following activities. See overleaf for definitions.

ACTIVITY	Never	1	2	3	4	5	ACTIVITY	Never	1	2	3	4	5
	<i>Never    Less than every 3 months    At least every 3 months    Monthly or more frequently    Weekly or more frequently    Daily or more frequently</i>							<i>Never    Less than every 3 months    At least every 3 months    Monthly or more frequently    Weekly or more frequently    Daily or more frequently</i>					
<b>Services</b>	0	1	2	3	4	5		0	1	2	3	4	5
Doctor (GP)							Outdoor pursuits						
Dentist							Holiday or daytrip						
Hospital							Swimming						
<b>Vocational Activities</b>							DIY						
Work (paid or voluntary)							Gardening						
Adult Education/College							<b>Social</b>						
<b>Leisure</b>							Disco/Nightclub						
Look at books/magazines etc							Pub						
Play games with others							Restaurant/ Café						
Play solitary games							Go to a friend's house						
Watch TV							Spend time with family						
Watch DVD							Social club/Society						
Browse internet							Social networking via the internet						
Interact with pets/animals							Help others						
Participate in sport							Citizenship/Political activity						
Watch live sports (not on TV)							<b>Facilities/Amenities</b>						
Exercise/aerobics class							Public transport						
Cycle							Local shop/Post office						
Listen to music							High street store						
Participate in performing arts/music							Supermarket/Large retail outlet						
Create activities							Car boot sale/Jumble sale						
Attend museum/art gallery							Hairdresser/Beauty salon						
Attend live performing arts							Bank/Building society						
Attend cinema							Place of worship						
Go for a walk (local)							Library						

Sub-Scale	Score
Services	
Public Transport	
Leisure	
Social	
Facilities/Amenities	
<b>Total</b>	

Scores for each item are totaled - yielding subscales scores and a total score.

<b>Services</b>		Outdoor pursuits	To spend time outdoors taking part in activities including fishing, skiing, hill walking, climbing, mountain biking.
Doctor	A medical doctor working in the community.	Holiday	To experience an extended period of recreation away from home.
Dentist	A dentist or hygienist in the community.	Swimming	To swim in a pool or the sea.
Hospital	To visit a hospital either as a patient or visitor.	DIY	To purposefully create, build, repair or maintain utilities/furnishings/vehicles/ fittings within the home.
<b>Vocational Activities</b>		Gardening	To purposefully spend time growing and maintaining grass, trees, flowers, fruit or vegetables.
Work (paid or voluntary)	To perform a role as a paid or voluntary worker.	<b>Social</b>	
Adult Education/College	To attend a training course or class at a college or other educational establishment.	Disco/Nightclub	To attend by a public or organised event at a site used to dance/listen to recorded music (not including live concerts).
<b>Leisure</b>		Pub	To attend an establishment where alcohol is consumed on the premises. Exclude disco or nightclub.
Look at books/magazines	To actively spend time looking at books or magazines.	Restaurant/ Café	To attend a public site where meals or refreshments are served. Exclude public house or bar.
Play games with others	To actively participate in a game with formal rules, including online gaming. Not including sport or informal ball games.	Go to a friend's house	To go to the home of a person liked by the individual who is not a relative or current paid staff.
Play solitary games	To purposefully play individual games, for example Sudoku, crosswords or computer games.	Spend time with family	To spend time with family members.
Watch TV	To actively watch TV by choice for at least 10 minutes. Evidence of continued attention/emotional response. Protests if turned off.	Social club/Society	To attend by a venue used for a formal association/gathering of people with similar interests.
Watch DVD	To actively watch a DVD by choice. Evidence of continued attention/emotional response. Protests if turned off.	Social networking via the internet	To purposefully use the internet for socialising, e.g. Facebook, Twitter or dating websites.
Browse internet	To purposefully use the internet to shop/ research topics/ access services/ look at images or videos. Not including social networking.	Help others	To actively support or help another person, e.g. making someone a cup of tea, showing somebody how to do something or comforting somebody who is upset.
Interact with pets/animals	To purposefully spend time, either taking care of or playing with, a tame animal,	Citizenship/Political activity	To engage in activity for the purpose of benefiting wider society/the community. E.g., Partnership Boards, political leaflet dropping, political events or fund raising.
Participate in sport	To actively participate in a team game or competitive activity either indoors or outdoors. Not including swimming.	<b>Facilities/Amenities</b>	
Watch live sport (not on TV)	To actively watch live sports by choice for recreational purposes. Not including on TV.	Public Transport	To travel by bus, train, taxi, ferry or flight.
Exercise/aerobic class	To actively participate by choice in an organised exercise session involving physical exercise to sustain health or improve fitness.	Local shop/Post office	To go to a local shop or post office
Cycle	To pedal a bicycle or tricycle by choice for recreation.	High street store	To go to a department store or other shops in a town centre or shopping complex.
Listen to music/radio	To actively listen by choice to music or speech (e.g. via radio, CD, MP3). Evidence of attention, e.g. tapping feet, protests if turned off.	Supermarket/Large retail outlet	To go to a large retail outlet (e.g. out of town store, garden centre) or a large store selling household goods and groceries.
Participate in performing arts/music	To actively participate in a music/ drama/ live comedy either for recreational or educational purposes.	Car boot sale/Jumble sale/Market	To attend an organised event where individuals sell goods to the general public.
Creative activities	To actively participate in creative activities for educational or recreational purposes, e.g. pottery, painting, crafting, cooking, baking.	Hairdresser/Beauty salon	To go out to an establishment where hair is cut or styled or where other beauty treatments are offered.
Attend museum/art gallery	To attend by a display of objects for historic, cultural, scientific or artistic interest.	Bank/Building society	To go to a financial establishment used for the purpose of investments, savings and loans.
Attend live performing arts	To visit by a public site to actively watch an organised music/ drama/ comedy performance.	Place of Worship	To attend a designated building specifically for the purpose of worship.
Attend cinema	To visit a cinema and actively watch a motion picture.	Library	To attend an establishment holding a collection of literature for loan or reference, rather than for sale.
Go for a walk	To move on foot or by wheelchair for recreational purposes, not just to get from A to B.		